

Chapter
10

Chapter 10: Stride Piano

Creating two voices in the left hand.

Stride technique refers to a technique where the left hand plays two parts at once. This is accomplished by playing one part and then jumping up to play the other, then repeating.

Two parts played with the left hand

To begin to learn stride technique, let's take a C7 in voicing two and break it up in two pieces:

You only have to change positions for the 5th, you'll reach down – probably with the pinky – and then jump right back to the 7th and 3rd.